



Discover Daufuskie Island, South Carolina

See Daufuskie through the eyes of Mrs. Sallie Anne Robinson, a student of Pat Conroy's. He wrote "The Water is Wide" which was made into a Movie called "Conrack" featuring Jon Voight.

Sallie has written two Gullah Cookbooks and will delight you with her tales of growing up Daufuskie.



If there's one thing we learned coming up on Daufuskie, remembers Sallie Ann Robinson, "it's the importance of good, home-cooked food." In this enchanting book, Robinson presents the delicious, robust dishes of her native Sea Islands and offers readers a taste of the unique, West African influenced Gullah culture still found there.

Living on an island accessible only by boat, in a community that was, until recently, largely left alone by the mainland world, Daufuskie Island folk have traditionally relied on a bounty of fresh ingredients found on the land and in the waters that surround them, growing vegetables, picking berries, raising livestock, and catching fish, crab, shrimp, and oysters. The one hundred home-style dishes presented here make the most of such ingredients, with recipes for salads and side dishes, seafood, meat and game, rice, quick meals, breads, and desserts. Gregory Wrenn Smith's photographs evoke the sights and tastes of Daufuskie.

"Here are my family's recipes," writes Robinson, weaving warm reminiscences of the people who made and loved these dishes throughout her clear and straightforward instructions for preparing them. With this charming cookbook, she invites readers to share in the joys of Gullah home cooking the Daufuskie way, to make her family's recipes their own.